

brought to Nombre de Dios, if they escaped sickness the first or second month, they commonly lived in it as healthily as in any other place: although no stranger (as they say) can endure there any long time, without great danger of death or extreme sickness.

Though at our first coming into the town with arms so suddenly, these ladies were in great fear, yet because our Captain had given straight charge to all the Cimaroons (that while they were in his company, they should never hurt any woman nor man that had not a weapon in his hand to do them hurt; which they earnestly promised, and no less faithfully performed) they had no wrong offered them, nor any thing taken from them, to the worth of a garter; wherein, albeit they had indeed sufficient safety and security, by those of his company, which our Captain sent unto them, of purpose to comfort them: yet they never ceased most earnestly entreating, that our Captain would vouchsafe to come to them himself for their more safety; which when he did, in their presence reporting the charge he had first given, and the assurance of his men, they were comforted.

While the guards which we had, not without great need, set, as well on the bridge which we had to pass over, as at the town's end where we entered (they have no other entrance into the town by land: but from the water's side there is one other to carry up and down their merchandise from their frigates) gained us liberty and quiet to stay in this town some hour and half: we had not only refreshed ourselves, but our company and Cimaroons had gotten some good pillage, which our Captain allowed and gave them (being not the thing he looked for) so that it were not too cumbersome or heavy in respect of our travel, or defence of ourselves.

A little before we departed, some ten or twelve horsemen came from Panama; by all likelihood, supposing that we were gone out of this town, for that all was so still and quiet, came to enter the town confidently: but finding their entertainment such as it was; they that could, rode faster back again for fear than they had ridden forward for hope.

Thus we having ended our business in this town, and the day beginning to spring, we marched over the bridge, observing the same order that we did before. There we were all safe in our opinion, as if we had been environed